

lunch menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 Vegetarian 3-Bean Chili
 Steamed Corn
 Applesauce
 Whole Grain Tortilla Chips
 1% Milk

2 Chicken Nuggets
 Baby Carrots w/ Ranch
 Bananas
 Whole Grain Crackers
 1% Milk

5 Beef Ravioli w/ Tomato Sauce
 Cooked Carrots
 Pears
 1% Milk

6 Waffles
 Strawberry Yogurt
 Sliced Bell Peppers
 Pineapple
 1% Milk

7 Turkey Tortilla Deli Roll-up
 Sliced Cucumbers
 Apple Slices
 1% Milk

8 Chicken and Rice Casserole
 Steamed Green Beans
 Mandarin Oranges
 1% Milk

9 Meatballs
 Steamed Broccoli
 Bananas
 Buttered Noodles
 1% Milk

12 Ham and Cheese
 on Whole Grain Bread
 Baby Carrots w/ Ranch
 Clementines
 1% Milk

13 Baked Egg Casserole
 Steamed Broccoli
 Pineapple
 Whole Grain Bread
 1% Milk

14 BBQ Pulled Pork on a Bun
 Sliced Cucumbers
 Apple Slices
 1% Milk

15 Tater Tot Casserole
 w/ Ground Turkey
 Steamed Green Beans
 Mandarin Oranges
 Whole Grain Bread
 1% Milk

16 Grilled Cheese on Whole Grain
 Baked Beans
 Steamed Corn
 Applesauce
 1% Milk

19 Baked Spaghetti
 w/ Italian Sausage
 Steamed Green Beans
 Sliced Pears
 1% Milk

20 Italian Pasta Salad
 Cottage Cheese
 Sliced Cucumbers
 Peaches
 1% Milk

21 Turkey Sandwich
 on Whole Grain
 Baby Carrots w/ Ranch
 Apple Slices
 1% Milk

22 Fish Sticks
 Steamed Mixed Vegetables
 Mandarin Oranges
 Whole Grain Crackers
 1% Milk

23 Vegetarian Mexican Rice
 Casserole
 Steamed Corn
 Pineapple
 Whole Grain Tortilla Chips
 1% Milk

26
NO SCHOOL

27 Mac and Cheese
 Baked Beans
 Steamed Peas
 Blueberries
 1% Milk

28 Pepperoni Pizza
 Raw Mixed Veggies
 Fresh Fruit Salad
 1% Milk

Have a safe and
 happy summer!