

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1 Turkey Sandwich on Whole Grain Bread  
Baby Carrots w/ Ranch  
Bananas  
1% Milk

2 Mac and Cheese  
Baked Beans  
Steamed Green Beans  
Apple Slices  
1% Milk

3 Chicken Enchilada Casserole  
Steamed Corn  
Peaches  
1% Milk

4 Italian Pasta Salad  
Cottage Cheese  
Sliced Cucumbers  
Pineapple  
1% Milk

7 Sun Butter and Jam on Whole Grain Bread  
Cheese Sticks  
Baby Carrots w/ Ranch  
Bananas  
1% Milk

8 Chicken Nuggets  
Steamed Corn  
Applesauce  
Whole Grain Crackers  
1% Milk

9 Turkey Meatballs  
Steamed Green Beans  
Mixed Fruit  
Whole Wheat Roll  
1% Milk

10 Italian Pulled Chicken  
Steamed Broccoli  
Apple Slices  
Whole Grain Bread  
1% Milk

11 Cheesy Baked Egg Casserole  
Sliced Bell Peppers  
Mandarin Oranges  
Whole Grain Bread  
1% Milk

14 Ham Sandwich on Whole Grain Bread  
Baby Carrots w/ Ranch  
Apple Slices  
1% Milk

15 Waffles  
Sausage Patty  
Cucumber Slices  
Fresh Fruit Salad  
1% Milk

16 Tater Tot Casserole w/ Ground Turkey  
Steamed Green Beans  
Pears  
Whole Grain Bread  
1% Milk

17 Mexican Rice Casserole w/ Beef  
Steamed Corn  
Pineapple  
1% Milk

18 **NO SCHOOL**

21 **NO SCHOOL**

22 Pepperoni Pizza  
Carrots w/ Ranch  
Apple Slices  
1% Milk

23 Chicken Alfredo Pasta Casserole  
Steamed Broccoli  
Applesauce  
1% Milk

24 Whole Grain Pancakes  
Vanilla Yogurt  
Sliced Bell Peppers  
Blueberries  
1% Milk

25 Fish Sticks  
Sliced Bell Peppers  
Bananas  
Whole Grain Crackers  
1% Milk

28 Ham and Scalloped Potatoes  
Steamed Peas  
Pineapple  
Whole Grain Bread  
1% Milk

29 Meat and Cheese Charcuterie  
Fresh Raw Veggies  
Fresh Fruit Salad  
Whole Grain Crackers  
1% Milk

30 Spaghetti w/ Meat Sauce  
Steamed Mixed Veggies  
Peaches  
1% Milk

