dubuque montessori school

November 2024



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4 Spaghetti w/ Meat Sauce Steamed Mixed Veggies Mandarin Oranges 1% Milk Chicken Nuggets
Green Beans
Applesauce
Whole Grain Crackers
1% Milk

Mac and Cheese Baked Beans Steamed Broccoli Mandarin Oranges 1% Milk 7 Turkey Sandwich on Whole Grain Baby Carrots w/ Ranch Apple Slices 1% Milk Waffles
Vanilla Yogurt
Strawberries
Sliced Bell Peppers
1% Milk

11 Chicken Alfredo Ravioli Steamed California Veggies Pears 1% Milk Sunbutter & Jam on Whole Grain Cheese Sticks Baby Carrots w/ Ranch Bananas 1% Milk

13 BBQ Pulled Pork on Bun Steamed Green Beans Apple Sauce 1% Milk Cheesy Egg Casserole
Roasted Potatoes
Mandarin Oranges
Whole Grain Bread
1% Milk

Fish Sticks
Steamed Broccoli
Apple Slices
Whole Grain Crackers
1% Milk

18 Tator Tot Casserole w/ Turkey Steamed Green Beans Apple Slices Whole Grain Bread 1% Milk 19 Grilled Cheese on Whole Grain Baked Beans Carrots w/ Ranch Bananas 1% Milk 20
Meatballs
Steamed Broccoli
Sliced Pears
Buttered Noodles
1% Milk

21 Italian Pasta Salad Cottage Cheese Sliced Cucumbers Mandarin Oranges 1% Milk 22 Salsa Chicken Casserole w/ Rice Corn Pineapple 1% Milk

25Turkey Tortilla Deli Wrap
Sliced Cucumbers
Oranges
1% Milk

2 6 Mostaccioli w/ Marinara Cheese Stick Steamed Broccoli Applesauce 1% Milk 27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

