

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Ham and Cheese
on Whole Grain
Sliced Cucumbers
Banana
1% Milk

2 Taco Casserole
w/ Ground Beef and Rice
Sliced Peppers
Mandarin Oranges
1% Milk

3 Mac and Cheese
Baked Beans
Green Beans
Applesauce
1% Milk

4 Fish Sticks
Steamed Peas
Fruit Mix
Whole Grain Crackers
1% Milk

7 Cottage Cheese
Cucumber Caprese Salad
Sliced Apples
Whole Wheat Crackers
1% Milk

8 Italian Meatballs
Steamed Green Beans
Mixed Fruit
French Bread
1% Milk

9 Sunbutter and Jelly
on Whole Grain
Cheese Sticks
Baby Carrots w/Ranch
Banana
1% Milk

10 Tuna Noodle Casserole
Steamed Peas and Carrots
Mandarin Oranges
Whole Grain Bread
1% Milk

11 **NO SCHOOL**

14 Chicken Nuggets
Sliced Cucumbers
Oranges
Whole Grain Crackers
1% Milk

15 Vegetarian Chili
Sliced Peppers
Diced Pineapple
Whole Grain Bread
1% Milk

16 Turkey Tortilla Deli Roll-Ups
Peas
Mixed Fruit
1% Milk

17 Pasta Bake
w/ Ground Turkey
Tossed Salad
Sliced Apples
1% Milk

18 Cheesy Egg Casserole
Steamed Broccoli
Banana
Whole Grain Bread
1% Milk

21 Pizza Casserole
w/ Italian Sausage
Steamed Green Beans
Sliced Apples
1% Milk

22 Strawberry Yogurt
Hash Brown Potatoes
Banana
French Toast Sticks
1% Milk

23 Pork Tenderloin on a Bun
Steamed Corn
Applesauce
1% Milk

24 Grilled Cheese on Wheat
Baked Beans
Baby Carrots w/Ranch
Sliced Apples
1% Milk

25 Chicken Alfredo Pasta Casserole
Steamed Broccoli
Fruit Mix
1% Milk

28 Tater Tot Casserole
w/ Ground Turkey
Corn
Peaches
Whole Grain Bread
1% Milk

29 Italian Pasta Salad
Cottage Cheese
Sliced Cucumbers
Sliced Apples
1% Milk

30 Chicken and Rice Casserole
Steamed Peas
Banana
1% Milk

31 **NO SCHOOL**