

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Vegetarian

1  
Meatballs  
Steamed Broccoli  
Pears  
Buttered Noodles  
1% Milk

2  
Waffles  
Strawberry Yogurt  
Sliced Bell Peppers  
Pineapple  
1% Milk

3  
Ham and Cheese on  
Whole Grain Bread  
Baby Carrots  
Oranges  
1% Milk

6  
Beef Ravioli w/ Tomato Sauce  
Cooked Carrots  
Pears  
1% Milk

7  
PB & J on Whole Grain  
Cheese Sticks  
Baby Carrots  
Apple Slices  
1% Milk

8  
Turkey Tortilla Deli Roll-Up  
Sliced Cucumbers  
Oranges  
1% Milk

9  
Chicken Nuggets  
Steamed Green Beans  
Bananas  
Whole Grain Crackers  
1% Milk

10  
Vanilla Yogurt  
Oven Roasted Potato Cubes  
French Toast Sticks  
Blueberries  
1% Milk

13  
Grilled Cheese on Whole Grain  
Baked Beans  
Baby Carrots  
Applesauce  
1% Milk

14  
Tater Tot Casserole  
w/ Ground Turkey  
Steamed Green Beans  
Pineapple  
Whole Grain Bread  
1% Milk

15  
Italian Pasta Salad  
Cottage Cheese  
Sliced Cucumbers  
Mixed Fruit  
1% Milk

16  
Chicken Enchilada Casserole  
Steamed Corn  
Sliced Apples  
1% Milk

17  
Fish Sticks  
Steamed Mixed Vegetables  
Mandarin Oranges  
Whole Grain Crackers  
1% Milk

20  
Baked Spaghetti w/  
Italian Sausage  
Steamed Green Beans  
Sliced Pears  
1% Milk

21  
Mac and Cheese  
Baked Beans  
Steamed Peas  
Blueberries  
1% Milk

22  
Turkey Sandwich on  
Whole Grain Bread  
Baby Carrots  
Apple Slices  
1% Milk

23  
BBQ Pulled Pork on Bun  
Raw California Vegetable Mix  
Oranges  
1% Milk

24  
Pepperoni Pizza  
Raw Mixed Veggies  
Apple Slices  
1% Milk

# Have a safe and happy summer!!!