

SEPTEMBER

lunch menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4
NO SCHOOL

5
Mac and Cheese
Baked Beans
Broccoli
Sliced Apples
1% Milk

6
Chicken Nuggets
Green Beans
Bananas
Whole Grain Bread
1% Milk

7
Turkey Pasta Casserole
Mixed Veggies
Pears
1% Milk

8
Cheesy Egg Casserole
Roasted Potatoes
Mandarin Oranges
Whole Grain Bread
1% Milk

11
PB & J on Whole Grain
Strawberry Yogurt
Carrots w/ranch
Pineapple
1% Milk

12
Tater Tot Casserole
Green Beans
Mandarin Oranges
Whole Grain Bread
1% Milk

13
Veggie Rice Bake
Cottage Cheese
Sliced Apples
1% Milk

14
Turkey Tortilla Wrap
Corn
Mixed Fruit
1% Milk

15
Waffles
Sausage Links
Sliced Bell Peppers
Bananas
1% Milk

18
Chili Mac and Beans
Cheese Stick
Corn
Apple Slices
1% Milk

19
Chicken Enchilada Casserole
Green Beans
Sliced Pears
1% Milk

20
Veggie Pasta Salad
w/cucumbers & tomatoes
Cottage Cheese
Mandarin Oranges
1% Milk

21
Turkey Sweet Potato
Casserole
Applesauce
Whole Grain Bread
1% Milk

22
Baked Beans and Franks
Carrots w/ranch
Bananas
Whole Grain Bread
1% Milk

25
Spaghetti w/meat sauce
Green Beans
Pineapple
1% Milk

26
Grilled Cheese on
Whole Grain Bread
Baked Beans
Carrots w/ranch
Applesauce
1% Milk

27
Chicken Alfredo Pasta
Broccoli
Bananas
1% Milk

28
Scrambled Eggs
Yogurt and Berries
Roasted Potatoes
Whole Grain Toast
1% Milk

29
Ham & Cheese on
Whole Grain Bread
Mixed Veggies
Apple Slices
1% Milk