

MONDAY


1

Baked Beans with
Turkey Franks
Sliced Cucumbers
Pineapple
Whole Grain Bread
1% Milk

8

Tater Tot Casserole with
Ground Turkey
Corn
Applesauce
Whole Grain Bread
1% Milk

15


PB&J on Whole Grain Bread 
Cheese Sticks
Baby Carrots with Ranch
Banans
1% Milk

22


Baked Spaghetti with
Italian Sausage
Green Beans
Sliced Pears
1% Milk

TUESDAY


2

Vegetarian Chili 
Corn
Mandarin Oranges
Whole Grain Bread
1% Milk

9

Mac and Cheese 
Baked Beans
Steamed Broccoli
Mandarin Oranges
1% Milk

16

Chicken Alfredo Ravioli 
Green Beans
Pears
1% Milk

23

Cheesy Chicken Rice Casserole
Steamed Broccoli
Pineapple
1% Milk

WEDNESDAY


3

Fish Sticks
Steamed Broccoli
Applesauce
Whole Grain Crackers
1% Milk

10

Chicken Nuggets
Green Beans
Bananas
Whole Grain Crackers
1% Milk

17


Italian Pasta Salad 
Cottage Cheese
Sliced Cucumbers & Tomatoes
Pineapple
1% Milk

24


Ham Sandwich on Whole Grain
Baby Carrots w Ranch
Apple Slices
1% Milk

THURSDAY

4

PB&J on Whole Grain 
Cottage Cheese
Sliced Bell Peppers
Pears
1% Milk

11

Waffles 
Strawberry Yogurt
Roasted Potatoes
Apple Slices
1% Milk

18

BBQ Pulled Pork on Bun
California Mixed Veggies
Apple Slices
1% Milk

FRIDAY

5

Turkey Sandwich on
Whole Grain Bread
Baby Carrots with Ranch
Apple Slices
1% Milk

12

Sloppy Joe Sandwich
Steamed Peas
Pineapple
1% Milk

19

Chicken Enchilada Casserole
Corn
Mandarin Oranges
1% Milk

