


## MONDAY

## TUESDAY


## WEDNESDAY

## THURSDAY

## FRIDAY

3  
Mac and Cheese   
Baked Beans  
Broccoli  
Sliced Apples  
1% Milk

4  
Ham & Cheese on Whole Grain  
Bread  
Carrots with Ranch  
Bananas  
1% Milk


5  
Chili w Plant-Based Meat   
Corn  
Pineapple  
1% Milk

6  
Pulled Pork Sandwich  
Green Beans  
Applesauce  
  
1% Milk

9  
PB & J on Whole Grain Bread   
Strawberry Yogurt  
Carrots w Ranch  
Apple Slices  
1% Milk

10  
Chicken Enchilada Casserole  
Corn  
Pineapple  
1% Milk

11  
Spaghetti w Meat Sauce  
Broccoli  
Peaches  
1% Milk


12  
Waffles   
Plant-Based Sausage  
Sliced Cucumbers  
Bananas  
1% Milk

13  
Cheesy Egg Casserole  
Roasted Potatoes  
Mandarin Oranges  
Whole Grain Bread  
1% Milk

16  
NO SCHOOL  
MLK Jr. Day


17  
Veggie Rice Bake   
Cottage Cheese  
Apple Slices  
1% Milk

18  
Tuna and Noodle Casserole  
Green Beans  
Pears  
1% Milk


19  
Plant-Based Chicken Tenders   
Carrots w Ranch  
Bananas  
Whole Grain Bread  
1% Milk

20  
Tater Tot Casserole  
Corn  
Mandarin Oranges  
Whole Grain Bread  
1% Milk

23  
Chicken Nuggets  
Green Beans  
Applesauce  
Whole Grain Bread  
1% Milk


24  
Grilled Cheese on Whole Grain   
Baked Beans  
Corn  
Pears  
1% Milk

25  
Turkey Tortilla Roll-Up  
Carrots w Ranch  
Bananas  
1% Milk

26  
Cottage Cheese   
Italian Pasta Salad w  
Cucumbers and Tomatoes  
Mandarin Oranges  
1% Milk

27  
Chicken and Noodle Casserole  
Broccoli  
Apple Slices  
1% Milk

30  
Spaghetti w Meat Sauce  
Corn  
Apple Slices  
1% Milk

31  
Cheese Pizza   
Vanilla Yogurt  
Sliced Cucumbers  
Pineapple  
Pears  
1% Milk

