

MONDAY

3
Tatertot Casserole
w Ground Turkey
Green Beans
Apple Slices
Whole Grain Crackers
1% Milk

10
Pizza Quinoa
Green Beans
Bananas
Whole Grain Bread
1% Milk

17
Ground Turkey Sweet Potato
Casserole
Steamed Carrots
Apple Slices
Whole Grain Bread
1% Milk

24
Sausage Alfredo Pasta Casserole
Green Beans
Peaches
1% Milk

31
Spaghetti with Meat Sauce
Peas
Sliced Pears
1% Milk

TUESDAY

4
Italian Pasta Salad
Cottage Cheese
Sliced Cucumbers
Mandarin Oranges
1% Milk

11
Mac and Cheese
Baked Beans
Peas
Sliced Peaches
1% Milk

18
Veggie Pasta Bake
Cottage Cheese
Sliced Cucumbers
Pineapple
1% Milk

25
Chicken Curry w Rice
Steamed Broccoli
Oranges
1% Milk

WEDNESDAY

5
Ham & Cheese on Whole Grain
Bread
Carrots with Ranch
Bananas
1% Milk

12
Chicken Nuggets
Zucchini Fries
Apple Slices
Whole Grain Bread
1% Milk

19
Chicken and Rice Casserole
Green Beans
Applesauce
1% Milk

26
PB&J
Carrots and Celery
Applesauce
Pineapple
1% Milk

THURSDAY

6
Veggie Chili
Sliced Bell Peppers
Sliced Pears
Honey Corn Bread
1% Milk

13
Veggie Stir-Fry w Brown Rice
Vanilla Yogurt
Sliced Cucumbers
Mandarin Oranges
1% Milk

20
Egg and Sausage Bake
Roasted Potatoes
Strawberries
Whole Grain Toast
1% Milk

27
NO SCHOOL

FRIDAY

7
NO SCHOOL

14
Turkey Meatloaf Pasta Casserole
Tossed Salad w Ranch
Peaches
1% Milk

21
Veggie Meatballs
Butter and Herb Noodles
Broccoli/Cauliflower Mix
Mixed Fruit
1% Milk

28
NO SCHOOL

